

Elizabeth North Preschool Newsletter

Term 1, Week 7



'We aim to inspire a community of learners to achieve personal greatness.'

Pupil Free Day Professional Development

We hope families enjoyed their extra-long weekend and enjoyed some family time together with their children. On Friday the Preschool educators were busy furthering their knowledge and practices around assessing children's involvement in their play using the RRR resource. This resource is a powerful tool which will help guide educators around their planning and the possibilities for positive learning experiences, learning environment and relationships.



Plant donations

We have been overwhelmed by the generosity of the preschool families and community in regards to the donations of plants for our garden. The children have been busy engaging in many gardening experiences and have thoroughly enjoyed caring for our plants. Please make sure you come and see our lovely new gardens, the children are very proud of their work.



Grandparents / Special Persons Day

A heartfelt thank you is extended to all of the special people that came to visit us at preschool last week. It was lovely to have an opportunity to talk and get to know some of you. The children loved having you here and showing you all the fun things that we get up to on a day to day basis!



A Story a Day 2: Growing Storytellers Program



We are very lucky to have our onsite Speech Pathologist Anne Bills here at preschool and the inclusion of A Story of Day 2: Growing Storytellers project. The project involves families borrowing books to take home and read together, encouraging the importance of sharing stories and reminiscing to build language and story skills for early school success. Research shows that early literacy develops through children engaging in stories with a loved one and what a lovely way to spend some quality time with your child! The books are set up in the support room and need to be signed in and out of the book borrowing register with the help of an educator. Make sure you fill out the leaf with your child's name, the date and the book you read, let's see how many leaves our storytellers can grow!

Preschool Photos

Preschool photos are coming up in Term 2 and will be held on Tuesday the 15th of May for Group 1 and Friday the 18th of May for Group 2. The photo package will include an individual print of your child and a group print and will cost \$30, additional prints will also be available to purchase. Order forms will be sent home soon.

Seeking feedback

As a team we regularly meet to revise our teaching philosophy and our Quality Improvement Plan for the preschool. As we are preparing to do so we are seeking feedback or input from our families. As we believe that a child's learning is a continuum, collaboration with parents and families is essential when planning for individual children. Families and parents know their child best and we always value and appreciate your knowledge and input. If you have a spare minute we would love to hear what you think our strengths are at preschool, what we do best as a team. Feedback doesn't need to be long, verbal feedback to an educator, a sentence on a post it note, a direct message to our Facebook page or a quick email are all great ways to let us know what you think. We also have a feedback jar and note pad in the foyer for all families to access.

Fees

Just a friendly reminder that Term 1 fees are due. They are \$40 for Term 1 and can be paid at the front office with eftpos facilities available, correct money can be taken here at preschool as we do not keep any monies on site or via the Qkr! app.



Hats and sun safe clothing

Here at preschool we follow sun safe practices and it is essential that all children bring a named sun safe hat that covers the child's face, ears and neck. Suitable hats are legionnaire, bucket and broad brimmed styles, baseball and peak caps are not suitable as they do not provide adequate protection. Any hats with cords will need the cords to be removed, as a safety requirement from DECD. School hats are available to purchase at the front office. As per the school Sun Smart Policy, we wear hats all year round. Overexposure to UV radiation from the sun causes skin damage, with childhood and adolescence being critical times when this exposure is more likely to contribute to skin cancer later in life. Children apply sunscreen twice a day at preschool, but we encourage families to dress children in sun safe clothing, no singlets or strappy clothing, a shirt that covers the child's shoulders and back is best. As we are working towards being an accredited Sun Smart centre we appreciate your cooperation.



Healthy snack ideas

Did you know that some of the 'healthy' options we purchase for our children are sometimes full of hidden sugar and nasty additives? Lots of children love the pre-packaged LCM bars, it can be more cost effective to make your own at home and you know what ingredients have been used. The children love our cooking experiences at preschool and are very capable. This weekend you could try this LCM bar recipe and let us know if you like it!

Ingredients

2 Cups of Rice Bubbles

1 Cup of Desiccated Coconut

1/8 Cup of Cocoa Powder (you can use cocoa instead if you like)

1/8 Cup of Chia Seeds (could replace with any seeds you like)

1/4 Cup of Coconut Oil

1/3 Cup of Honey or Rice Malt Syrup



Instructions

Mix all of the dry ingredients together in a bowl. Mix honey and coconut oil together in a different bowl. If coconut oil is hard you can mix over very mild heat to liquefy but make sure you don't heat up the honey and coconut oil too much. Mix dry ingredients with wet ingredients. Pour ingredients into a brownie tray lined with baking paper. Compact it down evenly in the tray and pop it in the fridge. Once it has gone hard it is ready to eat!!

Family businesses

One of our core values at preschool is supporting and promoting our preschool families and their work. We would love to help promote any of our preschool families who run or own their own business. As a community it is important that we also show our support by choosing local when we can. I would love to hear from you if you would like to be featured in our newsletter, you can leave your business card or details with any of the educators or email Ainslie.Piantedosi510@schools.sa.edu.au.

Body Shop at Home consultant

One of our parents here at preschool is a Body Shop at Home consultant, if you are looking at purchasing some products or hosting a party please contact Debbie Walsh on 0426 898 456. We have some current catalogues in the foyer or you can view their range online at thebodyshopathome.com.au.



Sunshine Studios Photography

Sunshine Studios Photography is run by Rebecca one of our parents and she specialises in family, newborn and maternity photography. She is offering mini sessions for Mother's Day and Easter; these are a great way to update your family photos. Rebecca has a Facebook page Sunshine Studios – Photography by Rebecca, where you can see what she has to offer and samples of her work or contact her on 0413 038 758.



Easter weekend

As Easter is approaching we would like to remind families that there will be no preschool on Good Friday the 30th of March and Easter Monday the 2nd of April. We wish our families a safe and happy Easter.

